



Homeschool Lesson Plan

Hello Scandinavia!



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Intro

This month we're adventuring to Sweden, Denmark, and Norway to explore coastal culture, the history of Vikings, and yummy Nordic foods. Plus, we'll practice speaking new languages and discover what causes the northern lights. Then join us as we virtually travel to Denmark for an amazing oyster safari! Are you ready to explore Scandinavia? Let's go!





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Math

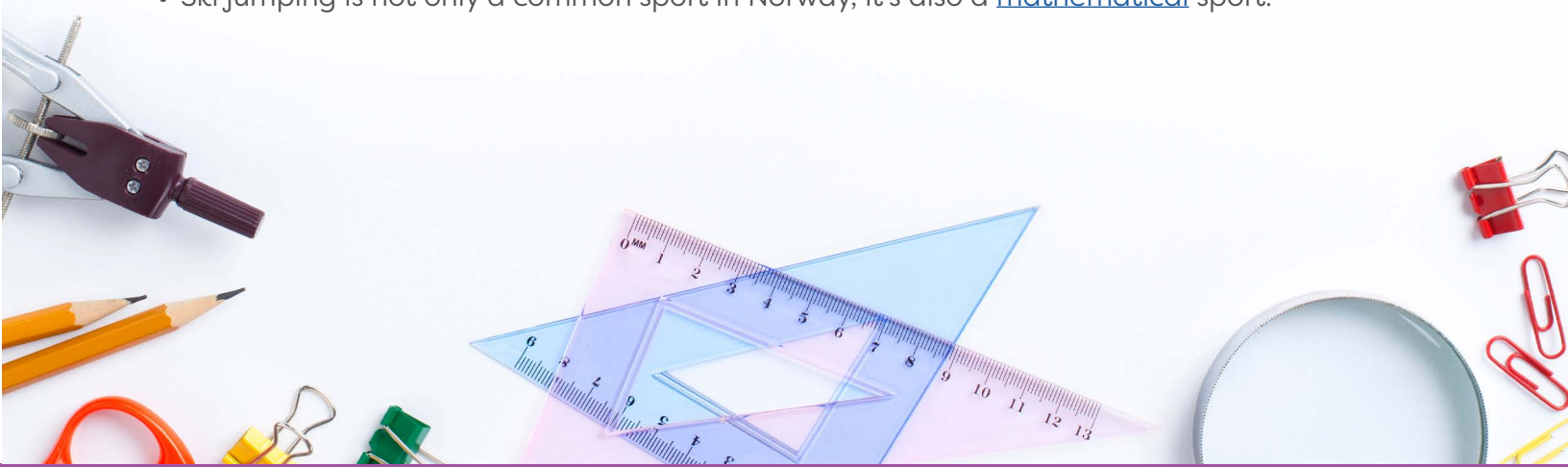
Beginner:

- Brr! Is it cold where you live? Check out how cold the [temperatures](#) drop in Sweden during winter.
- Did you know Legos® were invented in Denmark? Let's have some fun [adding](#) up these Lego® characters.
- Now see if you can [subtract](#) the Lego® characters.

Intermediate:

- What kind of currency do they use in Scandinavia? See if you can add [Norwegian coins](#) called krona.
- Now see if you can count these [bills from Denmark](#).
- Bundle up! Watch this [short video](#) on converting Farenheit to Celcius, then challenge yourself with these hot and cold [questions](#).

Advanced:

- Fun fact time! Let's find out where the [Swedish currency](#) called krona comes from.
 - If you have \$50 U.S. dollars (USD), how much is that in [Swedish krona](#) (SEK)?
 - Ski jumping is not only a common sport in Norway, it's also a [mathematical](#) sport.
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Science & Geography

Beginner:

- Have you ever heard of the [northern lights](#)?
- Let's take a cruise through Sweden's thousands of tiny [islands](#).
- Norway is known for its fjords, but what exactly is a [fjord](#)?

Intermediate:

- Why is Sweden's Arctic north called "[the land of the midnight sun](#)"?
- Do you know what [Norway's coastline](#) is famous for?
- In [Denmark](#), can you guess how many people live in the capital city Copenhagen?

Advanced:

- Scandinavia is an ideal place to see the [northern lights](#). Ever wonder what causes these dancing lights to appear?
- What's the difference between Scandinavia and the [Nordic countries](#)?
- Curling is a popular sport in Scandinavia. Check out the [physics](#) involved in moving a granite stone across the ice.





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Languages & Literature

Beginner:

- Do you think you can pronounce these numbers in [Swedish](#)?
- The Vikings from Scandinavia may have had a sweet side. Let's read [Viking in Love](#) by Doug Cenko.
- Now let's go on a great quest to find the [northern lights](#) in this storytime read aloud.

Intermediate:

- Some of your favorite stories may have been written by this [famous author](#) from Denmark.
- "Hej hej!" Let's check out the many ways to say "[hello](#)" in Swedish.
- Great job! Now let's try, "[How are you?](#)"

Advanced:

- Does everyone in Scandinavia speak the same language? Nope! The languages may be different but they are all considered [North Germanic languages](#).
- When you read the names of your favorite Swedish foods, you may notice a few extra symbols. Here's a helpful [pronunciation guide](#).
- The word "[hygge](#)" embodies Danish culture, but do you know where this word originated?

Writing prompt:

- Write a poem about seeing snow for the first time, even if you've never seen it!



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History & Culture

Beginner:

- Vikings, fairy tales, and pastries! Let's explore the culture in [Denmark](#).
- Wait, did someone say [Vikings](#)?
- What does the word [Viking](#) mean anyway?

Intermediate:

- Did you know that Denmark and Norway used to be a single place called [Denmark-Norway](#)?
- Bread, potatoes, and buttery porridge — let's explore what many [Norwegians](#) typically eat.
- Now let's go with Gordon Ramsay to Norway to see how Norwegian food has been influenced by the [Sami people](#).

Advanced:

- Why are Danes so obsessed with [Smørrebrød](#)?
- Uh oh, are [Swedish meatballs](#) actually from Sweden?
- This mouthwatering video shows the secret of the [Danish pastry](#) called the “Spandauer,” which is found in almost every Danish bakery in the world.



Creative Exercise

Imagine you have visitors from Scandinavia. What special meal would you prepare for them that represents your culture?



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Arts & Crafts

Beginner:

- Explore [Norway](#) with a pack of colored pencils or crayons!
- Keep your pencils handy and try drawing a [Viking](#).
- Dab, dab, dab, who's ready for [winter finger painting](#) fun?

Intermediate:

- Make your own Swedish [Dala Horse](#), one of Sweden's most beloved folk art traditions!
- Follow along to make your own mighty Norwegian [Viking ship](#).
- Ready to craft your own [Norwegian gnome](#)?

Advanced:

- Get ready for Valentine's with these Danish [woven hearts](#).
- Have you ever heard of [Dalmalning](#)?
- Now try coloring a Scandinavian folk art scene using the sheet on page 10.



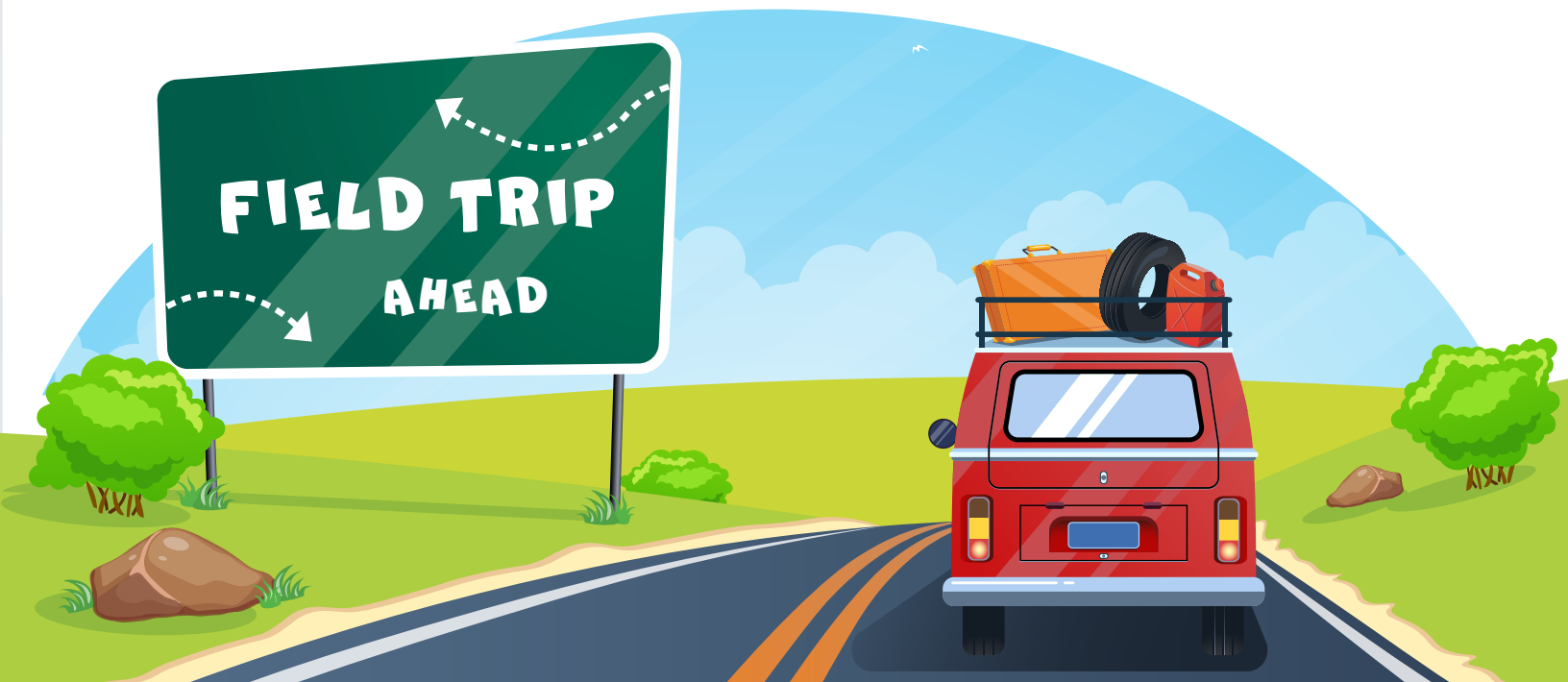


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Field Trips

- Pack your waders and let's go on an [oyster safari](#) in Denmark!
- Now we're off to explore the many wonders of [Sweden](#).
- Do you know what geological feature is famous in Norway? Let's adventure to the [fjords](#)!



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