



Shopping List

N'ice Cream Sundaes

Produce

- 1 ripe banana

Pantry

- 3 tablespoons honey
- 1 teaspoon vanilla extract

Refrigerated/Frozen

- ½ cup sweetened vanilla almond milk
- 1 cup frozen raspberries
- 1 cup frozen strawberries
- 1 ½ cups frozen mango chunks
- 1 ½ cups frozen peach chunks
- ½ cup pineapple or orange juice
- 1 cup frozen whipped topping

Note: For this recipe, you can choose to buy your fruit fresh or pre-frozen.



Shopping List

Churro Cup Swirls

Pantry

- cooking spray
- ⅓ cup + 2 tablespoons granulated sugar
- 1 teaspoon vanilla extract
- salt
- 1 cup all-purpose flour
- 2 teaspoons cinnamon

Refrigerated

- ½ cup butter
- 2 large eggs



Shopping List

Blueberry Dream Pops

Produce

- ½ cup blueberries

Pantry

- 2 tablespoons turbinado sugar*
- 1 ½ cups crispy rice cereal
- ¼ cup + 1 tablespoon granulated sugar
- 2 teaspoons vanilla extract
- 1 teaspoon cornstarch

Refrigerated

- ⅓ cup butter
- 8 ounces cream cheese
- 2 cups Greek yogurt (lemon or plain)

*You can substitute regular granulated sugar for the turbinado, if you like.