



Shopping List

Easy Garlic Naan

Produce

6 garlic cloves

Pantry

2 ¼ teaspoons instant yeast

1 teaspoon granulated sugar

5 tablespoons ghee*

salt

2 ¼ cups all-purpose flour

½ teaspoon olive oil

1 teaspoon high-heat vegetable oil

Refrigerated

½ cup plain whole-milk

Greek yogurt

*Or 3 tablespoons olive oil



Shopping List

Creamy Palak Paneer

Produce

○ 1 pound baby spinach

○ 1 large onion

○ fresh ginger

○ 5 garlic cloves

Pantry

○ 6 tablespoons white vinegar

○ 1 tablespoon oil

○ 2 tablespoons ghee

○ 1 teaspoon ground cumin

○ 1 teaspoon garam masala

○ ¼ teaspoon ground turmeric

○ ⅛ teaspoon cayenne pepper (optional)

○ salt

Refrigerated

○ 8 cups whole milk

○ ½ cup heavy cream



Shopping List

Crispy Potato Samosas

Produce

○ 1 pound russet potatoes

○ fresh ginger

○ 2 garlic cloves

Pantry

○ 2 tablespoons vegetable oil

○ 1 teaspoon ground cumin

○ 1 teaspoon ground coriander

○ ½ teaspoon garam masala (optional)

○ ½ teaspoon ground turmeric

○ salt & pepper

○ 1 ½ cups all-purpose flour

○ ¼ teaspoon dried thyme

○ ¼ cup ghee (or oil)

○ 1 quart high-heat vegetable oil

Frozen

○ ½ cup frozen peas