

Greek Yogurt Popsicles

Serves 4

- ☐ 10 ounces strawberries
- ☐ 1 cup vanilla Greek yogurt or 1 cup plain Greek yogurt & ½ tbsp vanilla extract
- ☐ 2 tablespoons honey
- ☐ 4 popsicle molds or 4-ounce paper cups & popsicle sticks

**Chicken Souvlaki**

Serves 4

- ☐ 1½ pounds boneless chicken thighs
- ☐ 3 bell peppers
- ☐ 2 large zucchini
- ☐ 1 red onion
- ☐ 2 lemons
- ☐ 1 bunch fresh oregano
- ☐ 3 cloves garlic
- ☐ 4 tablespoons olive oil
- ☐ salt & pepper
- ☐ 8-10 skewers

Pita Bread

Serves 4

- ☐ 2 cups all-purpose flour
- ☐ 1 packet active dry yeast
- ☐ ½ tablespoon sugar
- ☐ 1 tablespoon oil
- ☐ salt

