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June #kidstir Photo Contest!

Share a proud photo with one of your **Beach Days** recipes for a chance to win a free cooking kit! More details at kidstir.com/contests.



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Shopping List

• Beach Days •



Fish 'n Dip

Serves 4-6

- ☐ 1 ½ pounds cod
- ☐ salt & pepper
- ☐ ½ cup flour
- ☐ 2 eggs
- ☐ 1 cup panko breadcrumbs
- ☐ 1 tablespoon vegetable oil
- ☐ 2 tablespoons butter

Tangy Tartar Sauce

- ☐ ½ cup mayonnaise
- ☐ 1 teaspoon olive oil
- ☐ 2 teaspoons lemon juice
- ☐ 1 tablespoon capers
- ☐ 1 pickle
- ☐ 1-2 sprigs of fresh parsley



British-Style Potato Chips

Serves 4

- ☐ 1 pound gold potatoes (about 2-5 medium)
- ☐ 1 tablespoon vegetable oil

Seasoned Salt

- ☐ ½ teaspoon salt
- ☐ ¼ teaspoon paprika
- ☐ ¼ teaspoon garlic powder
- ☐ ⅛ teaspoon onion powder



Sunny Lemon Ice

Serves 4

- ☐ 3-6 lemons
- ☐ ⅓ cup sugar



Check off each item when you find it! ☒

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Want to keep this page in your cookbook? Punch out the 3 holes!

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