



kidstir[®]

Build a Cookbook!

Collect your favorite recipes in a special
cookbook binder.

kidstir.com/cookbook

Connect with other families in our Kidstir
Kitchen Facebook group.

facebook.com/groups/kidstirkitchen

Tell your friends about Kidstir.

Give \$10, get \$10!

kidstir.com/refer



© 2020 KIDSTIR LLC

1

Shopping List

• Cozy Cookin' •



Easy Peasy Mac 'n Cheesy

Serves 4

- ☐ 2 cups whole milk
 - ☐ 1 tablespoon butter
 - ☐ 1 teaspoon salt
 - ☐ 1 teaspoon
Dijon mustard
 - ☐ 2 cups macaroni
 - ☐ 1/4 pound
American cheese*
 - ☐ 1/4 pound sharp
Cheddar cheese*
- Optional Toppings**
- ☐ 1/2 cup panko
breadcrumbs
 - ☐ 2 tablespoons butter

***Note:** Purchase cheese
from the deli counter in a
block. Pre-shredded cheese
has additives that prevent
smooth melting!



Chilly Day Chili

Serves 6

- ☐ 1 teaspoon vegetable oil
- ☐ 1 pound ground beef
- ☐ 1 1/2 teaspoons salt
- ☐ 1/2 teaspoon pepper
- ☐ 2 bell peppers
- ☐ 4 green onions
- ☐ 4 garlic cloves
- ☐ 2 tablespoons
tomato paste
- ☐ 2 tablespoons
chili powder
- ☐ 1 tablespoon
ground cumin
- ☐ 1 tablespoon
garlic powder
- ☐ 1 cup chicken broth
- ☐ 2 (15-ounce) cans
kidney beans
- ☐ 2 (15-ounce) cans
crushed tomatoes

Optional Toppings

- ☐ 1 cup shredded
Cheddar cheese
- ☐ sour cream



Choc Full o' Chips Cookies

Makes 18 cookies

- ☐ 2 1/4 cups
all-purpose flour
- ☐ 1 teaspoon
baking soda
- ☐ 2 teaspoons cornstarch
- ☐ 1/2 teaspoon sea salt
- ☐ 3/4 cup brown sugar
- ☐ 1/2 cup
granulated sugar
- ☐ 3/4 cup
unsalted butter
- ☐ 2 eggs
- ☐ 1 tablespoon
vanilla extract
- ☐ 1 cup semisweet
chocolate chips



Check off each item when you find it! ☒

2

Want to keep this page in your
cookbook? Punch out the 3 holes!

3