

Lunch Dice

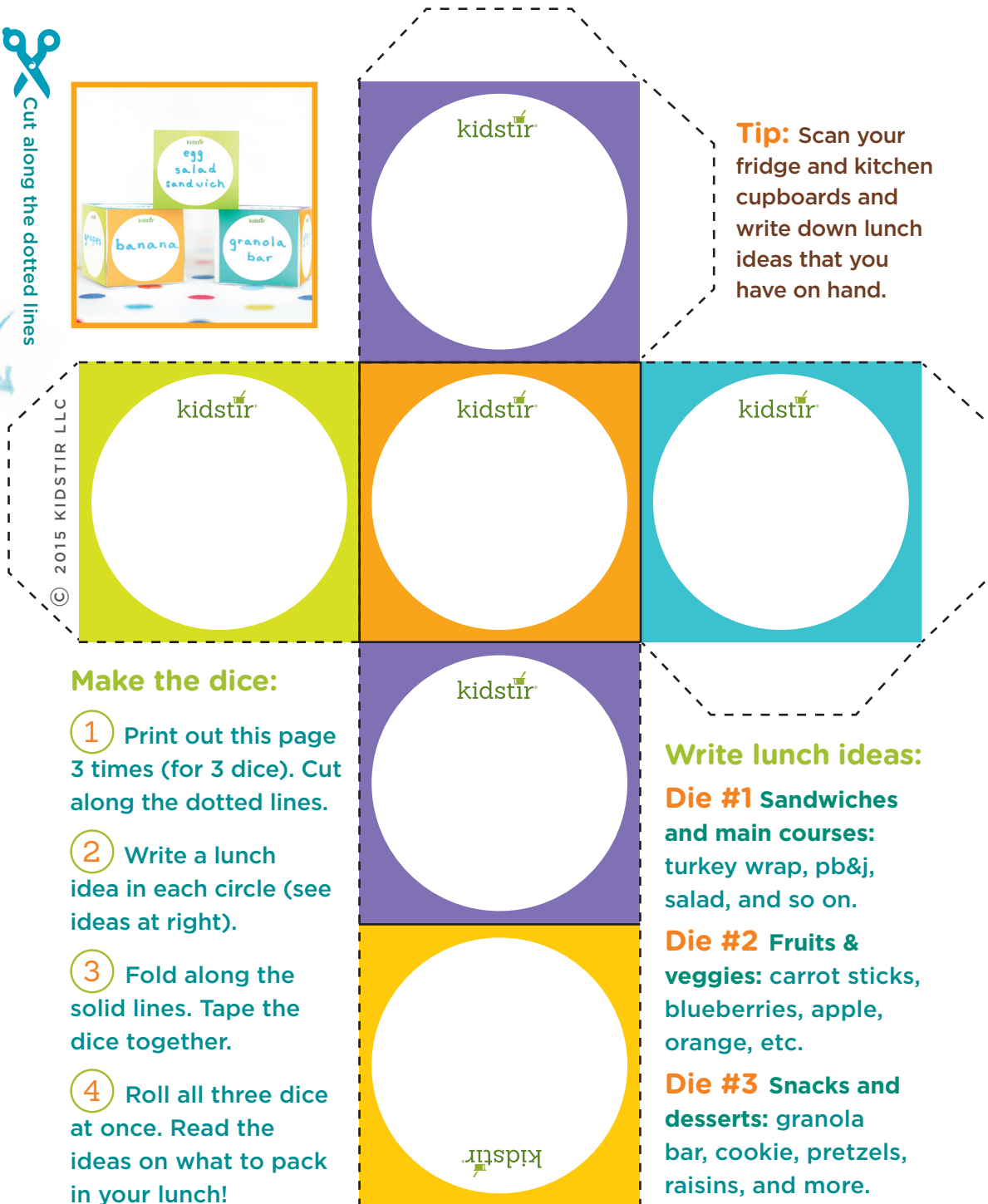
Roll and get ideas for what to pack for lunch!



Cut along the dotted lines



Tip: Scan your fridge and kitchen cupboards and write down lunch ideas that you have on hand.



Make the dice:

- 1 Print out this page 3 times (for 3 dice). Cut along the dotted lines.
- 2 Write a lunch idea in each circle (see ideas at right).
- 3 Fold along the solid lines. Tape the dice together.
- 4 Roll all three dice at once. Read the ideas on what to pack in your lunch!

Write lunch ideas:

- Die #1 Sandwiches and main courses:** turkey wrap, pb&j, salad, and so on.
- Die #2 Fruits & veggies:** carrot sticks, blueberries, apple, orange, etc.
- Die #3 Snacks and desserts:** granola bar, cookie, pretzels, raisins, and more.

